

WARREN

SENTINEL

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June 2, 2006

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Critical Days of Summer

May 26 - Sept. 4



HONOR WITH DIGNITY

Members of the Warren Honor Guard lead the Memorial Day parade near the Cheyenne Capitol building Monday. In addition to the parade, the honor guard participated at the annual Memorial Day wreath-laying ceremony at Beth El Cemetery. Memorial Day was proclaimed May 30, 1868, and is always celebrated on the last Monday in May.

Photo by Senior Airman Tessa Cubbon

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Commentary

Memorial Day highlights sacrifices made for us all

Tech. Sgt. Scott Sturkol
421st Combat Training Squadron

FORT DIX, N.J. — Just over 15 years ago, I watched a television show after Operations Desert Shield and Desert Storm that highlighted the sacrifices military members made during that war.

I was so moved by the show that I immediately thought about what it would be like to join the military and do something as great as these military members had. What did they do? They gave their lives for their country. They gave the ultimate sacrifice.

At the time, I was working in a civilian job driving heavy equipment for a lumber company. I worked many long hours on that job. One week I worked almost 90 hours. After watching that show, however, I thought that any sacrifice I made at work didn't come anywhere close to the sacrifices those servicemembers made.

Before Memorial Day 1991, I was at the Military Entrance Processing Station in Milwaukee, Wis., signing up for delayed enlistment in the Air Force. By February 1992, I was on my way to starting my military career with that same TV show ringing in my head.

You see, that show highlighted the 293 military members who gave their lives in support of that operation. It spoke of the servicemembers, their families and what heroic acts they did for their nation.

To me, there is nothing more honorable than those who gave their lives in defense of our freedom, no matter what conflict -- the Gulf War, World Wars I and II, Korea, Vietnam or the war on terrorism.

That's why Memorial Day is so important.

It gives us a day to honor all those military members who made the ultimate sacrifice.

According to the Veterans Administration, Memorial Day was officially proclaimed three years after the Civil War ended, and first observed on May 30, 1868. Flowers were placed on the graves of Union and Confederate Soldiers at Arlington National Cemetery. Called Decoration Day, the day was established as a time for the nation to decorate the graves of the war dead with flowers. It is believed May 30 was chosen as the date because flowers would be in bloom all over the country.

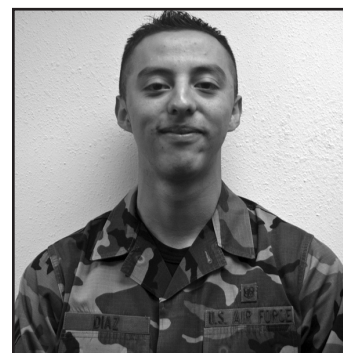
Memorial Day has been set aside for us all to reflect on how someone's ultimate sacrifice has been a sacrifice for us all. Heroes who have given their lives show me that freedom isn't free.

That Gulf War television show I watched never mentioned Memorial Day, but it highlighted the sacrifice that Airmen, Soldiers, Sailors, Marines and Coast Guardsmen and others have made in defense of our freedoms. But now I don't need a show to remind me of the importance of sacrifice.

Every time I learn a comrade in arms has given the ultimate sacrifice, I recognize his or her sacrifice and thank him or her for it. Take a moment to remember those who have sacrificed for us all. Don't wait for a television show to remind you of it.

Street Talk

The Warren Sentinel recently asked members of the 90th Medical Support Squadron "If you could be on any reality TV show, what would it be?"



"Hogan Knows Best," Hulk Hogan's TV show."
- Airman 1st Class John Diaz



"The Surreal Life."
- Senior Airman Jim Ravetta



"Last Comic Standing."
- Airman 1st Class Demetrice Byrd



"I would do 'The Real World,' so I could talk in the third person-- like Puck [from The Real World San Francisco]."
- Airman 1st Class Glenn Tomkowiak

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2005 AIR FORCE SPACE COMMAND SPACE AND MISSILE OPERATIONS AWARDS

**Col. Lee R. Williams
Memorial Award for
Best Space Wing with
an ICBM Mission**
- 90th Space Wing

**Col. Lowell F. McAdoo
Award for Best Opera-
tions Support Squad-
ron with an ICBM
Mission**
- 90th Operations Sup-
port Squadron

AFSPC Comptroller Awards

NCO of the Quarter

- Staff Sgt. Laura Thompson, 90th Comptroller Squadron

SNCO of the Quarter

- Master Sgt. Raymond Ashby, 90 CPTS

Cheyenne Trophy winner

- 90th Operations Support Squadron

Air Force Institute of Technology selection

- Tech. Sgt. David Gough, 90th Civil Engineer Squadron

Outstanding Air Force Food Service Personnel to be recognized by the NRA

- Master Sgt. Richard Stiles, 90th Services Squadron

- Staff Sgt. Jennifer Bartow, 90 SVS

Command chief retires after 23 years

Chief Wood: Most challenging assignments are most rewarding

Capt. Nicole Walters
90th Space Wing Public Affairs

Chief Master Sergeant James Wood, 90th Space Wing command chief, retires Thursday after 23 years in the Air Force.

“I could never pay the Air Force back for all they’ve done for me,” stated Chief Wood.

In 1983, he began his first assignment as an A-10 crew chief at Nellis Air Force Base, Nev. He went on to work on other airframes including the F-4 and the F-16.

One of Chief Wood’s proudest moments was in July 1987 when he was serving as an F-16 crew chief at Ramstein Air Base, Germany. He’d been working on the jet all night during the Operational Readiness Inspection. After hours of wearing the gas mask and finally fixing the jet, he was given the news he’d made technical sergeant.

“It was a great moment,” said Chief Wood. “It was just the right time.”

The chief’s year remote to Osan Air Base, Korea, was a trying assignment, but the chief said he learned his biggest lessons by the hard times. “Coming out

of it, it made me a better husband, father and person.”

The chief believes the most challenging assignments are also the most rewarding—especially experiencing something new to grow. He became a PME commandant, a Thunderbirds Sortie Generation superintendent and the 90th Space Wing command chief master sergeant to step out of his comfort zone.

“It made me a better person, leader and Airman,” explained Chief Wood.

Technology has advanced, and Chief Wood points to Web sites as a huge asset to the military.

“It used to be to take leave you had to fill out the form, have it signed by your supervisor and go through the whole approval process,” stated Chief Wood. “Now it’s as simple as a click of a mouse in LeaveWeb.”

The chief’s greatest advice mimics his down to earth style. “The day you think you’re special is when you aren’t special. It ain’t about me—it’s way bigger than that.”

Chief Wood remains confident about the future of the military: “It’s a new generation, I trust them.”



CE warns: Stay away from baby antelope

Touching a newborn can result in it being abandoned by mother

Cathy Pesenti
90th Civil Engineering Squadron

There is a unique population of Pronghorn (antelope) at Warren because they are the only known urban herd in existence. This circumstance presents many challenges for base wildlife managers and the base populace. One of these challenges is protecting the newborn fawns that start to appear every year around the first of June.

When a doe gives birth to a fawn, it is common for the doe to walk away from the newborn. The fawn will instinctively remain still in the grass until the mother returns. The behavior of both the mother and fawn

minimizes the risk of the fawn being discovered by predators. However, in this urban environment, it is more likely the fawn will be discovered by humans. This is where conflicts tend to arise.

In past years, there have been many incidents of people handling fawns that are discovered in public places, such as Freedom Hall. It is not uncommon in these situations for people to pet the fawns or let their children pick them up and hug them. Most of these fawns are soon abandoned by their mothers and, being unable to fend for themselves, starve to death over several days.

Do not approach any fawns, and resist the urge



Courtesy photo

Newborn fawns (antelope) begin to appear on Warren around the beginning of June. It is common for a doe to walk away from her fawn shortly after giving birth. This behavior minimizes risks of being discovered by predators. If a human touches the fawn, the mother will soon abandon it, resulting in the death of the fawn.

to touch them. Even though they are cute and fuzzy, and humans instinctively may feel a strong desire to help them, chances are they don't need any help. When

a person handles a fawn, he is putting it in more danger than if he just let it be.

If a fawn is discovered in a location that could endanger its safety, or if a

fawn is being handled by someone that shouldn't be touching it, contact Cathy Pesenti at 773-5494 or call law enforcement at 773-3501.

Access to care questions and answers by 90 MDG

Article courtesy of the 90th Medical Group

How do I get an appointment with my medical provider?

For the family practice and pediatric clinics, medical care is provided by appointments only. To make an appointment with your medical provider, call 773-3461 on duty days. Calls between 6:30 and 7 a.m. are reserved for active duty members only; dependents and retired military members and families enrolled in Tricare Prime should call between 7 a.m. and 2:30 p.m. Individuals enrolled in Tricare Standard may call after 2 p.m. and ask if a "space available" appointment is open.

Active duty members assigned to the flight medicine clinic are required to seek care in flight medicine. Care is provided on a walk-in basis starting at 7 a.m. on duty days. Any dependents

assigned to flight medicine clinic must call 773-3461 to make an appointment.

Active duty members assigned to the Personnel Reliability Program clinic should always be seen in the PRP clinic. Care is provided on a walk-in basis starting at 7 a.m. on duty days.

What do I do if I need an appointment and I cannot get one with my medical provider?

If your medical provider is unavailable, the appointment clerk may make an appointment with another medical provider based on your needs. If you have a short-term problem then the appointment clerk is permitted to book you in with another medical provider. However, if you want to seek care for a routine follow up of a "chronic" problem (considered an ongoing medical problem lasting more than 90 days) you will be encouraged to continue to see your primary care manager for

continuity of care.

If you need to be seen for an acute health problem, and the appointment clerk informs you there are no more appointments available with any 90 MDG medical provider, you will be authorized to seek care at Health Reach. The appointment clerk will enter a referral for you to seek care at Health Reach only when all appointments are booked up in the primary care and pediatric clinics. You must have a referral to seek care at the Health Reach clinic. If you do not have a referral you will be responsible for the cost of the visit. Health Reach offers care on a first-come, first-served basis and they are open weekdays from 8 a.m. to 7:30 p.m. and weekends from 9 a.m. to 5:30 p.m. They are located at 2030 Bluegrass Circle.

You do not need to contact the clinic to authorize true emergency care. Go to the nearest emergency room or

call 911. Emergency room care is a covered Tricare benefit. A typical emergency is potential loss of life, limb or eyesight, but the "prudent person" concept applies. You will not be billed for emergency room care if a prudent person would believe that such care could not wait for an appointment. If you need an ambulance, call 911 without delay.

I was authorized to seek care and I received a bill. What do I do now?

If you were authorized to seek care at an off base healthcare facility and you receive a bill, call 1-888-TRI-WEST. Know the date you received care when speaking with the TriWest representative. If you are still having problems, and you were authorized care, then you may take your bill to the Tricare service center located in the 90 MDG clinic.

I need to have my medication refilled or a prescription rewritten.

What do I do?

If you need more medication, first determine if you have refills on your current prescription. This is listed on your prescription label (example: "REF LEFT: 3 of 3"). If you have refills on your current prescription, phone the automated refill prescription service at 773-2330. You will need the last four digits of the sponsor's social security number and the numeric portion of your prescription to enter your request using the automated service. If you do not have the numeric portions of the prescription (located on the prescription bottle/container) call the pharmacy at 773-3646.

If you need a new prescription or you do not have any refills it may be time for you to follow up with your medical provider. If it is not time for a follow up, call 773-3461 and leave a telephone

Briefs

Gate closure

Due to a CAPEX wing rehearsal, Gate 5 will have alternate hours Monday, Tuesday and Wednesday. The intersection of Rogers and Central avenues on base will be closed from 8 a.m. to noon. Monday, 7 a.m. to 5 p.m. Tuesday and from 7 a.m. to 5 p.m. Wednesday. Gate 5 will be closed to normal traffic on all three days, access the base through Gates 1 and 2. Access to the missile handling team area and the horse stables will be available from Gate 5 only. Normal access to the horse stables will resume after 5 p.m. each day.

Volunteers needed

Volunteers are needed to help with the Meals on Wheels Annual Garage Sale. Ten to 15 volunteers are needed from 8 a.m. to 5 p.m. today at Frontier Park. Ten volunteers are needed from 8 a.m. to noon, and 20 to 25 are needed from 1 to 5 p.m. Saturday.

To volunteer, or for more information, contact Tech. Sgt. Mike Schoenberger at 221-0865.

Cell phone ban

The use of cell phones while driving on base, now including bargaining unit employees, and operators of government vehicles on and off base, is prohibited unless the vehicle is safely parked or unless a hands-free device is used. The wearing of any other portable headphones, earphones or other listening devices (except for hands-free cellular phone devices) while driving is prohibited.

Tickets may be issued to civilians, with three points being assessed against the individuals on base driving privileges.

For more information, contact the workforce effectiveness section at 773-3376.

Warren Thrift Shop

The Warren Thrift Shop is open every Thursday from 9:30 a.m. to 2 p.m. in Building 315 (next to Independence Hall). Consignments are taken from 9:30 to 11:30 a.m. and donations are also accepted. All proceeds go to the Warren Spouses' Club scholarship fund. The thrift shop will be closed in July.

For more information, call 632-3398.



Photo by Senior Airman Tessa Cubbon

SWEET RIDE

Daniel Masters, Warren family member, checks out a Chevy at the Military on Bikes car show at the BX here May 13. The Military on Bikes Motorcycle and Car Show showcased a vast array of motor vehicles from the 1950s to today.

Care, from Page 5

consult for your medical provider's nurse. The nurse will review your medical record and consult with your medical provider. After a review of your medical record, and if no other information is needed, your medication will be refilled within 72 hours - unless you hear back from the nurse. Call when you still have at least two weeks of medication left to allow time to work out any possible problems with your prescription request.

My medical provider put in a referral for me to see a specialist and I haven't received an authorization letter yet. What do I do now?

When your medical provider determines that care from a civilian medical provider is necessary a referral request will be sent to

TriWest. Once approved, a referral authorization letter for your care will be mailed to you within 10 business days. The authorization letter will list the specialist's name and contact number so you can make your appointment. If you have not received an authorization letter within 10 business days, call 1-888-TRIWEST. You should also be able to track your referral online by registering at www.triwest.com. If TriWest indicates they did not receive the referral request, call the Tricare operations and patient administration office at 773-3011 or visit the TOPA office located in the 90 MDG clinic. If the TOPA office does not have the referral your medical provider will be notified for resolution.

6. I need to talk to my medical

provider but I do not think I need an appointment. May I speak with my provider directly?

The best way to communicate with your medical provider is by a telephone consult with your provider's nurse. Call the appointment line at 773-3461. The appointment clerk will leave the message for the nurse and the nurse will return your call within 72 hours (usually sooner) to clarify your needs. Most calls are returned within four hours, but there are some days when the medical team is extremely busy. If your call is extremely important, but not considered an emergency, then tell the appointment clerk and the clerk will contact the nurse immediately.

For more information, contact Maj. Carolyn Pignataro or Capt. Kathleen Mackey at 773-3733.

Spotlight on justice: Article 15 actions

Article courtesy of the 90th Space Wing Legal office

Twelve Article 15 actions were processed at Warren between March 1 and April 31. Of the 12 Article 15 actions processed, three were alcohol related. The following is a breakdown of the UCMJ articles violated and the punishments received:

Alcohol related incidents:

A senior airman violated Article 92 of the UCMJ by consuming an alcoholic beverage while on duty. He received a suspended reduction to airman first class, suspended forfeiture of \$200, restriction to base for 15 days, 15 days extra duty and a reprimand.

An airman first class violated Articles 92 and 111 of the UCMJ by consuming alcohol while under 21 and driving while drunk. He received a reduction to airman, suspended forfeitures of \$500 pay per month for two months, restriction base for 30 days and 15 days extra duty.

An airman first class violated

Articles 92 and 134 of the UCMJ by consuming alcohol while under 21. The Airman also engaged in a sexual relationship with a married woman, not his wife, while in the presence of another. He received a suspended reduction to airman, forfeitures of \$333, restriction to base for 14 days and 14 days extra duty.

All others:

An airman first class violated Article 107 of the UCMJ by making false official statements to her commander and first sergeant. She received a suspended reduction to airman, forfeitures of \$713 pay per month for two months, restriction to base for 45 days and 30 days extra duty.

An airman first class violated Articles 78 and 134 of the UCMJ by assisting another airman to destroy stolen property and wrongfully receiving stolen property. He received a reduction to airman, a suspended reduction to airman basic, restriction to base for 30 days, 30 days extra duty and a reprimand.

An airman first class violated Article 92 of the UCMJ by misusing his government travel card. He received a reduction to airman basic, restriction to base for 30 days, 30 days extra duty and a reprimand.

An airman first class violated Article 134 of the UCMJ by wrongfully receiving and concealing stolen property. He received a suspended reduction to airman, suspended forfeitures of \$713 pay per month for two months, restriction to base for 30 days, 30 days extra duty and a reprimand.

A senior airman violated Article 92 of the UCMJ by not conducting maintenance inspections as it was her duty to do. She received a reduction to airman first class.

An airman first class violated Article 92 of the UCMJ by viewing and downloading pornography on a government computer. He received a suspended reduction to airman, forfeiture of \$350 pay per month for two months, 20 days extra duty and a reprimand.

A staff sergeant violated Articles 92 and 134 of the UCMJ by exceeding the maximum speed limit while driving a government vehicle, by destroying an official written statement and by asking two Airmen to make incomplete official written statements. He received a reduction to senior airman, suspended forfeitures of \$300 pay per month for two months, 15 days extra duty and a reprimand.

An airman first class violated Article 86 of the UCMJ by wrongfully failing to go to his appointed place of duty on three occasions. He received a suspended reduction to airman, forfeiture of \$150 pay per month for two month and 15 days extra duty.

An airman first class violated Article 92 of the UCMJ by viewing and downloading pornography on a government computer. He received a suspended reduction to airman, forfeiture of \$250 pay per month for two months, 15 days extra duty and a reprimand.

Air Force Office of Special Investigations

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Helos go gear-up for Guardian Challenge

Results will be released Aug. 18 at score posting

Maj. Tina Barber-Matthew
*Air Force Space Command
Public Affairs*

CAMP GUERNSEY, Wyo.—Helicopter crews from all four Air Force Space Command helicopter units converged in Camp Guernsey, Wyo., May 9 to 11 to compete in the command's annual Guardian Challenge competition.

Crews from Warren, Malmstrom Air Force Base, Mont., Minot AFB, N.D., and Vandenberg AFB, Calif., began competition on May 9 with a navigation event.

This low-level, tactical mission is an event representative of the units' day-to-day operations, requiring a crew of three—a pilot, copilot and flight engineer.

Inclement weather forced three crews to delay their participation in the event, leaving only the Malmstrom crew able to fly their scheduled mission.

The next day's weather

was better for the challenge, which began with the second event, the hover competition. This competition measures the crews' communication skills as the flight engineer guides the pilots through the course—a six-point obstacle course through which the crews have to carry a five-gallon bucket filled with water. Crews must fly forward, backward and sideways—skills needed in complicated or diverse missions.

"Crews have to complete the course between 6.5 to 10 minutes maximum," said Major Ken Bourland, chief, helicopter tactics. The maximum time allowed prevents the teams from taking the entire morning to slowly work their way through the course, and it adds a little stress to the challenge, he said. "The minimum prevents the teams from skipping gates and going straight to the finish."

"There are six evaluators on the ground monitoring



Courtesy photo

Helicopter crews from Warren, Malmstrom Air Force Base, Mont., Minot AFB, N.D., and Vandenberg AFB, Calif., competed May 9 to 11 for the Air Force Space Command annual Guardian Challenge.

the number of times the bucket hits the ground and ensuring the bucket makes it through the obstacle cleanly," Maj. Bourland said. "Overall the competition tests mostly basic, but some advanced helicopter skills. It also provides a rare opportunity for our units to compare how they're accomplishing similar missions at their respective home units."

This is the first year the

competition has been held at Camp Guernsey. According to Maj. Gen. (sel.) Thomas Deppe, 20th Air Force commander, the move was initiated to save funds and "to use a range that is perfectly suited for this event."

The helicopter crews take more than just a sense of healthy competition away from the event.

"We get to practice our tactics, techniques and procedures and look for better ways to do

business," General Deppe said. "Many improvements have been made as a result of past Guardian Challenges. Every year we learn something new we can use in our day-to-day operations."

The results of the 2006 competition will be released at the Guardian Challenge score posting event to be held Aug. 18 at Peterson Air Force Base, Colo.



Photo by Senior Airman Tessa Cubbon

READY TO RACE

First Lt. Ben Washburn, 790th Missile Security Forces Squadron, races across the finish line, and to the next event, during Warren's triathlon here May 19. The athletes participated in a 500-yard swim at the aquatics center, a 11-mile bike ride and a 3-mile run.

GC competitor turns Warren's GC mascot

Warren Wrangler also Maintenance Operations Flight commander

As a past Guardian Challenge competitor competing for the 21st Space Wing as a space operator, Maj. Brian Rico, Warren's Guardian Challenge team mascot this year, knows first hand the importance of his role in the Air Force Space Command competition. The 90th Maintenance Operations Flight commander sat down with Airman 1st Class Connor Elayan, 90th Space Wing Public Affairs, to talk about his role as team mascot for Guardian Challenge 2006, advice for competitors yet to compete and what he does when he isn't fulfilling his duties as mascot.

What made you decide to try out for the spot of Guardian Challenge team mascot?

Leadership urged me to try out so I decided to give it a shot.

What were the tryouts like?

The maintenance group was really supportive. A lot of maintenance troops came out to support me. I gave it my all because I wanted Warren to be represented well.

What is your role as Guardian Challenge team mascot?

As the team mascot I am basically chartered to provide support and morale for the team at all different stages, from training to competition to the actual score posting at Peterson (AFB, Colo.). It's more to get them fired up, serve as a rallying point and create esprit de corps.

How is your role important to Team Warren?

Having the competition here this year makes it a little different because they compete in their separate divisions. When we go down to Peterson it is more of a score posting. All the wings get together and it is nice to have it a rally point. I know when I competed we were always looking for something that was common and



Photo by Senior Airman Tessa Cubbon

Maj. Brian Rico, Guardian Challenge team mascot, motivates the crowd at the Santa Maria Barbecue April 28 at the Peacekeeper Highbay.

core to our unit and the mascot kind of does that for each significant unit. It makes for a lot of camaraderie and a lot of esprit de corps.

What advice do you have for the Warren competitors that have yet to compete?

Keep your mind in the game. It's a lot of training but it will pay off. Keep the faith and keep pressing. The light at the end of the tunnel is almost there.

The security forces competition and the final score posting are being held at Pe-

terson this year. What are you looking forward to most about going down to Peterson?

I'm looking forward to meeting new folks and going down there in a different capacity. I've never gone down as a mascot so it is going to be a different environment and I will have more freedom to build esprit de corps with the team and with the other units. You get a chance to meet the other teams and get a perspective on who in those certain career fields are the best of the best.

What is your job when you are not fulfilling your role as the Guardian Challenge team mascot?

I work in the 90th Maintenance Group. I am the Maintenance Operations Flight commander. I'm in charge of the missile operations centers, the planning and scheduling for all the maintenance in the wing, and the technical engineering section. Basically we are in charge of maintenance from beginning to end - we plan it, schedule it, help the techs that are out in the field as they do the actual work and when they come back we make sure all the work is correct in the system.

What do your supervisors think about your additional duty?

They are actually really supportive. They know it is important to the wing and one of those duties that someone has to fulfill. This year it's me.

What do you do in your spare time?

I am a single dad of three boys. We're all involved in martial arts, bowling and golf. My two older sons and I compete competitively. We are also involved in Boy Scouts and church events. We keep pretty busy with all of that, to say the least. I also own an online four-wheeling magazine.

**THIS PAGE IS RESERVED TO RECOGNIZE OUTSTANDING WARREN MEMBERS.
TO NOMINATE, E-MAIL SENTINEL@WARREN.AF.MIL.**

Golf 4 Kids

Children ages 8 to 13 are invited to learn to play golf. Golf 4 Kids sessions are 10 a.m. to noon June 26 to 29, July 10 to 13 or July 17 to 20. Advanced registration required. Participants receive use of a junior club set, Golf 4 Kids logo T-shirt, cap, golf towel, neon tee pack and bag tag, rules and etiquette brochures and a graduation certificate. The cost is \$99.

For more information, call the Warren Golf Course at 773-3556.

Teen and preteen Lock-Ns

Youth ages 9 to 12 are invited to the Preteen Lock-N 7 p.m. to 7 a.m. June 9.

Teens ages 13 to 18 are invited to the Teen Lock-N 7 p.m. June 16.

Youth can camp out, pitch a tent, roast hot dogs, make smores and sing campfire songs. Games and other group activities will also take place. Breakfast will be provided. The cost is \$10 members, \$15 nonmembers.

For more information, call the youth center at 773-2564.

Golf 101

Two Golf 101 sessions are scheduled at the Warren Golf Course for 5:30 to 7 p.m. June 12, 14 and 16, or 5:30 to 7 p.m. June 26, 28 and 30. The cost is \$50.

For more information, call the golf course at 773-3556.

Whitewater rafting

A whitewater rafting trip is scheduled for June 11 at Cache Le Poudre River. This is a full day trip and seating is limited so sign up early. Outdoor recreation will provide wet suits. A deli lunch is included. The cost is \$95 per person and participants must be at least 16. There is a minimum sign up of 15 people by May 30.

For more information, call ODR at 773-2988.

Paintball tournament

The first tournament of the paintball season is scheduled for Saturday. Teams of five need to sign up at outdoor recreation. The cost is \$15 per player and includes marker, first hopper of paint, Co2 and safety gear. Additional paint is available for purchase on-

site for \$60 per case, \$30 for half a case or \$20 for 500-ct bag (no outside paint). Minimum age to play is 12. All players ages 12 to 17 require parental permission.

For more information, call ODR at 773-2988.

Employees wanted

Looking for work? Need flexible hours? The Nonappropriated Fund Human Resources Office has a variety of positions available. They offer competitive wages and advancement opportunities. Visit the HRO at 7105 Randall Ave (next door to Crow Creek Inn Lodging). Telephone inquiries welcome, 773-2097. The 90th Services Squadron is an equal opportunity employer.

Colorado Rockies

It's Military Appreciation Day at Coors Field when the Colorado Rockies take on the Pittsburgh Pirates 1:05 p.m. Wednesday. It's also Ladies Night where ladies will receive a complimentary ticket for a future game. The trip departs outdoor recreation at 10 a.m. The cost is \$15 per person and includes ticket,

transportation and stadium entrance drop off.

For more information, call ODR at 773-2988.

Celebrity bartenders wanted

Shirts, chiefs and commanders come be a celebrity bartender during social hour on Friday nights at the Trail's End Club. See club staff member for details.

Ladies night

It's ladies night every Wednesday from 6 to 8:30 p.m. at the Warren Arts and Crafts Wood Shop. Receive one-on-one instruction on any project. Taking the free safety orientation class is a prerequisite.

For more information, call 773-3166.

U.S. Open Team Golf Tournament

Come the Warren Golf Course June 17 and team up with a PGA player. Draw a PGA Tour Professional playing in the U.S. Open as your partner.

Schedule your own tee time and build your own foursome.

The cost is \$15 per member, \$25 per nonmember. Sign up in the Warren Pro Shop.

For more information, call 773-3556.

Archery range

The community center staff has recently opened an archery range annex in Building 313. Those interested in using the range must have their own equipment and take a certification class. Experienced archers can take the basic certification class for \$10 and those with little or no experience are required to take the instructional certification class for \$25. To schedule a certification class, call 773-3511. Once certified, the range is available by key check-out from the community center.

Take an Airman to Lunch program

Commanders take an Airman to lunch at the Trail's End Club. All squadron and group commanders will be issued a free lunch card once a month.

Call 773-3048 for more details.

Commanders Access Channel 19

EVENT	TIME
Base Advertising	12 to 12:30 a.m.
Pentagon Channel	12:30 to 3 a.m.
Base Advertising	3 to 3:30 a.m.
Pentagon Channel	3:30 to 5 a.m.
Base Advertising	5 to 7:01 a.m.
Peacekeeper Deactivation Video	7:01 to 7:06 a.m.
Base Advertising	7:06 to 8 a.m.
Pentagon Channel	8 to 9 a.m.
Base Advertising	9 to 9:01 a.m.
Peacekeeper Deactivation Video	9:01 to 9:06 a.m.
Base Advertising	9:06 to 9:30 a.m.
Pentagon Channel	9:30 to 12 p.m.
Base Advertising	12:00 to 12:01 p.m.
Peacekeeper Deactivation Video	12:01 to 12:06 p.m.
Base Advertising	12:06 to 12:30 p.m.
Pentagon Channel	12:30 to 3 p.m.
Base Advertising	3 to 3:01 p.m.
Peacekeeper Deactivation Video	3:01 to 3:06 p.m.
Base Advertising	3:06 to 3:30
Pentagon Channel	3:30 to 5 p.m.
Base Advertising	5 to 5:01 p.m.
Peacekeeper Deactivation Video	5:01 to 5:06 p.m.
Base Advertising	5:06 to 5:30 p.m.
Pentagon Channel	5:30 to 7 p.m.
Base Advertising	7 to 7:01 p.m.
Peacekeeper Deactivation Video	7:01 to 7:06 p.m.
Base Advertising	7:06 to 7:30 p.m.
Pentagon Channel	7:30 to 9 p.m.
Base Advertising	9 to 9:30 p.m.
Pentagon Channel	9:30 p.m. to 12 a.m.

Tune in for the latest base information **SCHEDULE**



Education briefs

Commissioning workshop

The Warren Education Center is presenting a commissioning workshop for active duty enlisted members 2 p.m. June 13 in the education center, Room 24. Presentations will include ROTC programs, Officer Training School, the Air Force Academy and prep school.

For more information on commissioning programs or to register for the workshop, call 773-2117.

Troops to Teachers

Troops to Teachers is a program that can provide assistance for troops considering teaching as a second career. Air Force Tuition Assistance may also be used for courses leading to teacher certification.

For more information, call 773-2117.

Need a tutor?

The education center staff has compiled a list of tutors available for active duty students enrolled in college courses. Those interested in obtaining the assistance of a tutor should call the education center at 773-2117.

Attention University of Phoenix students

A University of Phoenix representative is available Mondays from 1 to 3 p.m. in Room 28 at the education center to meet with students enrolled in UOP programs.



JUNE 25 TO JUNE 29, 2006

CHAPEL ACTIVITIES CENTER- BUILDING 212

We need two leaders for Crafts and Decorating. These are leadership positions and require attending a planning meeting, decorating your room, and organizing the activities in your event.

We need 20 crew leaders: Crew leaders are in charge of a multi-age group of 5 children. You will stay with your group for the entire five days and rotate with them to the various stations. You attend one training meeting in advance of VBS.

Please email Carolyn if you are interested in volunteering: carolyn.johnson@warren.af.mil or leave a message at 773-3159.

Memorial Day marks the beginning of the 101 Critical Days of Summer safety campaign

The 101 Critical Days of Summer campaign is geared toward keeping Air Force personnel safe during the summer months. Higher risk activities such as motorcycle riding and water sports accelerate the possibility of serious mishaps between Memorial Day and Labor Day.

Everyone in Twentieth Air Force has the responsibility to be a good wingman. A good wingman will step up and make sure poor choices and actions don't result in someone being hurt or killed. Don't wait to be a good wingman!

The safety and welfare of our ICBM professionals and their families is the key to success in Twentieth Air Force.

So as summer arrives, Airmen are expected to take the lead and be responsible for themselves, their families and their troops during the 101 Critical Days of Summer.



Starting May 26 through Sept. 5